

Young Adult Learning & Development

A YA-LEARN workshop
for the Diocese of Kansas



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Slides available at
kyleoliver.net/ya-learn
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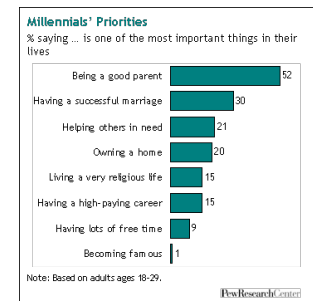
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Outline: We will scan the young adult research & ask what it means for us.



Psychology: What's happening developmentally?

Sociology: What's happening generationally?



Pedagogy: What's happening in teaching & learning?

Activity: Introduce yourself to the group.



Please share your name, where you live, what you're up to, and one word you associate with young adulthood (and why).

My name is Kyle Oliver, and I'm a young adult, priest & teacher in VA.

One word I associate with young adulthood is *adventure*.

YA-hood for me has been an untethered time to go new places and try new things.



Psychologist Jeffrey Arnett notes five marks of Emerging Adulthood.

instability

identity
exploration

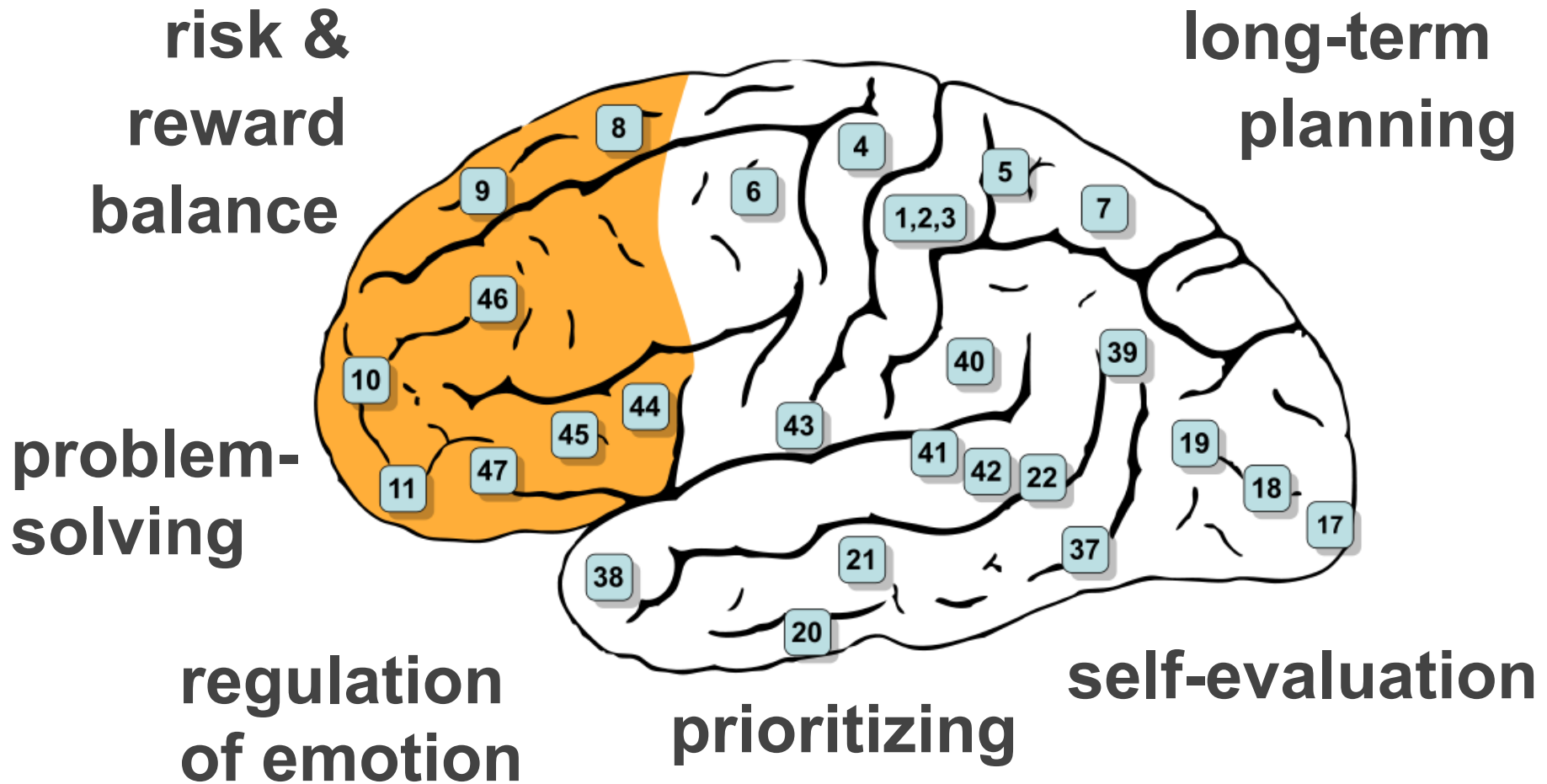
self-focus

in-betweenness

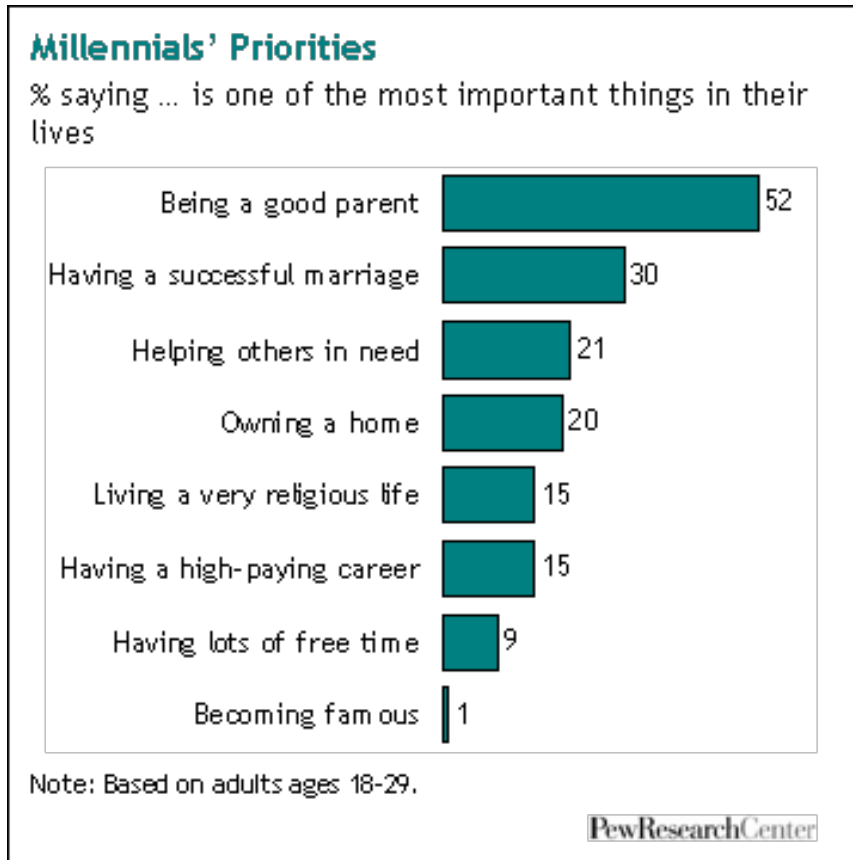
opportunity



Brain development in prefrontal cortex continues well into mid-20s.



Millennial generation is upbeat, self-expressive, connected.



children of
divorce

delayed
by
recession

positively
motivated

diverse,
skeptical in
belief

Young adults are accustomed to personalized teaching & learning.

choice of media

multiple
learning
styles

project-based
learning

rapid feedback



Discussion: How are these trends resonating with your own life?

Tell us about a recent experience of learning or growth. What helped or hindered you?

Tell us about your experience in church. How are your needs as a young adult being met, or not?

**What are your joys and struggles?
How do you want to explore them?**

Parting image: My young adult role model is St. Francis of Assisi.



Check out these resources to learn more.

- [Emerging Adulthood](#)
- [Young Adult Development Project](#)
- [Millennials: Confident. Connected. Open to Change](#)
- [Teaching Millennial Students](#)
- [Engaging the Millennial Learner](#)
- [Young Adult Faith Formation Center](#)